



**I TRY IT**

**ISBT TRANSFUSION RESEARCH  
YOUNG INVESTIGATOR TRAINING**

**ISBT  
ACADEMY**



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## Introduction

The I TRY IT 2020 programme is an initiative of the ISBT Academy and is led by members of the Transfusion-Transmitted Infectious Disease (TTID) and Clinical Transfusion (CT) Working Parties (WP).

### 1. Objectives

There are 4 main objectives for the I TRY IT programme.

1. To complete a research protocol for a study designed to be conducted in your country or where your work.
2. To learn the components of research protocols/proposals and specific study designs used in transfusion medicine.
3. To learn how to provide and to receive constructive criticism of scientific research
4. To help you plan for and conduct the research project you designed as part of the programme, and approaches for analyzing the data to answer your research question.

The most challenging part is conducting the study and analyzing the data. However, these are easier if you begin with a solid foundation - the research protocol is that foundation.

### 2. About the programme

**Part 1:** training in Study Design and Protocol Development

**Part 2:** training in Analysing Data and Manuscript Preparation

The two parts of the programme are offered in different years. The focus of the programme is Study Design and Protocol Development which teaches participants how to write research protocols while developing a research project that will answer a specific research question.

### 3. Methods

**Online live lectures:** Participants and instructors are located all over the world. The preferred approach is for you to participate during the live lectures online.

Alternately, each lecture will be able to be downloaded via ISBT Education so that you can access the content at times that works best for you or if your internet connection speed requires you to download the material.

Attending the live lectures is the most certain way for you to learn the content and be able to ask questions to improve your depth of knowledge.

We will be using Zoom™ for course lectures. To participate, you will be invited to each online lecture and then will have to join the lecture via the URL provided in each invitation.

Lecture recordings will be posted on **ISBT Education**. Each of you will have a specific login and password to access the content.

**Homework** is assigned that is focused on writing the sections of a research protocol. As part of the programme you will write a real research protocol that can be implemented in your setting.

You will also be involved in reviewing project proposals by others to experience peer-review as both a reviewer and reviewee.

In addition, you are expected to attend the Transfusion-Transmitted Infectious Disease (TTID) or Clinical Transfusion (CP) Working Party meetings as part of your training experience.

### 4. Research Grant:

To facilitate conducting research, the Study Design and Protocol Development programme concludes with the opportunity for you to apply for a small research grant to conduct your study. These research grants are competitive and awarded to the best protocols as judged by expert reviewers from the ISBT Working Parties.

**Research in your country can benefit transfusion medicine locally and contribute to the global body of knowledge in transfusion medicine**

### 5. Applicants and Application

**Deadlines for applications will be given in a separate timetable for each year, published on the ISBT website. Submit your application via the ISBT website:**

[www.isbtweb.org/isbt-academy/i-try-it](http://www.isbtweb.org/isbt-academy/i-try-it)

To apply, please provide the following:

1. A current version of your curriculum vitae (CV) or resume
  - Please be sure to list any scientific publications.
2. A preliminary research idea or research question description.
  - This overview must not exceed a one-sided single page, describing the transfusion related study you would like to conduct.

A woman with dark hair pulled back, wearing a black blazer over a blue top, is smiling warmly at the camera. She is seated at a table with a glass of water and a paper cup in front of her. In the background, another person in a red shirt is seated at a table, and the setting appears to be a restaurant or meeting space. The overall atmosphere is professional and positive.

**“IF YOU NEVER TRY  
YOU’LL NEVER KNOW”**

## 6. Expenses Covered

**Registration** is provided for a virtual or face to face ISBT Congress.

**Travel and accommodation expenses** to attend the ISBT Congress will be covered where the meeting is held face to face. ISBT Central Office will work with you to arrange international travel. You are responsible for securing any required travel documents such as passports or visas. ISBT will assist you by providing letters of invitation, but you will have to apply and pay applicable fees yourself.

In addition, you must become a member of ISBT. ISBT membership fees are not covered by the I TRY IT programme. See the link for relevant information on the cost of membership based on your home country.

[www.isbtweb.org/my-isbt/join/](http://www.isbtweb.org/my-isbt/join/)

## 7. Required Reading

### **Designing Clinical Research, 4th Edition, 2013**

By Stephen B Hulley, Steven R Cummings, Warren S Browner, Deborah G Grady, Thomas B Newman

We will provide copies of this book to you. Books will be sent to you directly around the time of the first course lecture.

Additional online reference material that accompanies the text book is available at:

<http://www.dcr-4.net/>

## 8. Acknowledgements:

We gratefully acknowledge **Dr. Steven Hulley of UCSF** who developed the original UCSF Training in Clinical Research (TICR) course from which the I TRY IT programme has been adapted.

We also gratefully acknowledge **Dr. Edward Murphy of UCSF/BSRI** who developed the short-course format and **Dr. Willi McFarland from the San Francisco Department of Public Health/UCSF**. Each has led multiple versions of courses similar to this in many different countries.

Without these predecessors this initiative would not have been possible.



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